

1 **Activity report on the project** “*Evaluating photodegradation products of plastic nurdles and*  
2 *their toxicity in Matagorda Bay*”  
3

4 PIs: Zhanfei Liu, The University of Texas at Austin; Wei Xu, Texas A&M University, College  
5 Station, Texas.

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7 This report contains three parts: Part I was the manuscript submitted to the Trust during the last  
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9 the manuscript led by Dr. Xu’s group, out of graduate student Alissa’s work; Part III is the  
10 complimentary work conducted in Liu group, and the data will be combined to Part II before  
11 Alissa’s manuscript is submitted to a peer-reviewed journal.

12 Part I: see the pdf file.

13 Part II:

14 **Polymer Identity Modulates Toxicity of Photodegraded Plastic**  
15 **Leachates in Marine Medaka (*Oryzias melastigma*)**  
16

17 Alissa Richbourg<sup>a</sup>, Xudan Yang<sup>b</sup>, Kaitlin Garcia<sup>c</sup>, Lora Schell<sup>c</sup>, Kimberly Gaston<sup>c</sup>, Xiangtao  
18 Jiang<sup>b</sup>, Kadee Loyd<sup>b</sup>, Jordan Ciscob, Frauke Seemann<sup>a</sup>, Zhanfei Liu<sup>b,\*</sup>, Wei Xu<sup>c,\*</sup>

19 <sup>a</sup>Department of Life Sciences, Texas A&M University-Corpus Christi, Corpus Christi, Texas, USA;

20 <sup>b</sup>Department of Marine Science, The University of Texas at Austin-Marine Science Institute, Port Aransas,  
21 Texas, USA;

22 <sup>c</sup>Department of Veterinary Physiology and Pharmacology, Texas A&M University College of Veterinary  
23 and Biomedical Sciences, College Station, Texas, USA.

24 <sup>\*\*</sup>Corresponding author:

25 Zhanfei Liu, 750 Channel View Drive, Port Aransas, TX 78373. E-mail: [zhanfei.liu@utexas.edu](mailto:zhanfei.liu@utexas.edu);

26 Wei Xu, 402 Raymond Stotzer Pkwy, College Station, Texas, 77843. E-mail: [wxu1@tamu.edu](mailto:wxu1@tamu.edu)  
27

28 **Abstract**

29 Text.

30 Text.

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32 **Keywords:** Photodegradation, plastic leachates, microplastic toxicity, marine medaka

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## 35 **1. Introduction**

36 Plastic is a commonly used material for many industries and consumers, with long-lasting  
37 properties and plasticity. As a result of its wide-ranging applications, the accumulation of  
38 plastics globally has become one of the most prominent issues facing both marine and human  
39 health in the last several decades (Madiraju et al., 2024). Estimates predict that by 2030, 90  
40 million metric tons of plastic debris will enter the world's oceans every year under current  
41 disposal rates (Borrelle et al., 2020). Macroplastics (> 5mm) have been shown to pose a severe  
42 threat to marine life through ingestion, entanglement, and suffocation, causing physical damage  
43 and potentially mortality (Chapron et al., 2018; Gregory 2009). Macroplastics are also subject to  
44 physical changes such as fragmentation, photodegradation, and biodegradation once they have  
45 entered marine environments (Gewert et al., 2015). These chemical and physical processes break  
46 down manufactured plastics into micro and nanosized particles, resulting in the release of plastic  
47 additives, polymers, and monomers into aquatic environments (Andrady 2022).

48 Photodegradation is a major contributor to the breakdown of plastics in ocean  
49 environments, a process by which disposed plastic products are degraded by harsh UV radiation  
50 from the sun and may release compounds and chemicals with unknown toxicities into the ocean  
51 (Delre et al., 2023). The presence of these chemicals, known as plastic leachates, can pose a  
52 large threat to marine environments, as it is not easy to observe, identify, or track their  
53 abundance (Tuuri & Leterme, 2023). The potential toxicological effects of photodegradation and  
54 the formation of plastic leachates remain underexplored, especially regarding how these  
55 leachates may disrupt biological systems and whether these impacts vary across polymer types.  
56 Exposure to plastic leachates has been shown to induce toxicity and increase mortality in  
57 *Caenorhabditis elegans* (Reyes & Medina, 2024), the sea cucumber *Apostichopus japonicus*  
58 (Wang et al., 2023), and the barnacle *Amphibalanus Amphitrite*. The effects of plastic leachates

59 on critical biological pathways, including reactive oxygen species (ROS) regulation, oxidative  
60 stress response, and inflammatory signaling, are still being investigated. Exposure of *Donax*  
61 *faba*, a marine clam, to PS leachates from pharmaceutical bottles has been shown to elevate ROS  
62 levels and decrease the activity of superoxide dismutase (*sod*) and catalase (*cat*) genes (Sunil et  
63 al., 2023). These genes play an essential role in regulating ROS levels and the antioxidant system  
64 (Huang et al., 2023). In marine medaka (*Oryzias melastigma*) embryos, exposure to simulated  
65 seawater leachates has been shown to inhibit the expression of cyclooxygenase-2 (*cox-2*),  
66 associated with the inflammatory response of the cardiovascular system, and interleukin-1 beta  
67 (*il-1 $\beta$* ), an inflammatory response initiator (Qiu et al., 2022). However, few studies have done a  
68 comprehensive assessment of how plastic leachates affect marine organisms across multiple  
69 molecular pathways to better understand the mechanisms behind plastic leachate toxicity.

70 Model organisms are used as tools to evaluate biological responses to toxicant exposure,  
71 providing insights into how other organisms, including humans, may be affected (Aschner et al.,  
72 2025). The marine medaka (*O. melastigma*) is a small marine fish with emerging use in marine  
73 pollution and toxicology studies (Horie and Takahashi 2021), due to its small size, short generation  
74 time, distinct sexual dimorphism, clear embryos, and ability to tolerate varying salinities (Dong et  
75 al., 2014). Traditionally, fish model species such as zebrafish (*Danio rerio*) and Japanese rice fish  
76 (*Oryzias latipes*) are used in toxicology studies due to their well-characterized genomes and ease  
77 of laboratory use. However, these species are restricted to freshwater environments, limiting their  
78 applicability for marine studies. Marine medaka provide a valuable alternative, offering  
79 comparable traits to zebrafish and Japanese medaka, while also being relevant to marine and  
80 estuarine toxicology studies (Dong et al., 2014).

81           To further investigate the toxicological impacts of photodegraded plastic leachates on  
82 aquatic organisms, nurdles of five of the most abundant types of plastic pollutants in the  
83 environment, polycarbonate (PC), polyethylene terephthalate (PET), polystyrene (PS),  
84 polypropylene (PP), and high-density polyethylene (HDPE or PE) (Medina Faull et al., 2024),  
85 were photodegraded using UV radiation for 8 weeks to generate plastic leachates at known  
86 concentrations. This study assessed the effects of plastic leachate exposure on the development,  
87 hatching, and survival of marine medaka embryos during critical developmental stages, as well as  
88 evaluated the health and survival of adult marine medaka exposed to plastic leachates by  
89 investigating changes in organ structures and gene expression levels. The mechanisms of toxicity  
90 and evaluations of toxicity across polymer types were explored, providing insight into the inherent  
91 toxicity of the polymers, independent of additives.

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93

## 94 **2. Materials and Methods**

### 95 *2.1 Fish maintenance*

96 Adult marine medaka (3 months old) were kept in 2.5-gallon tanks with 15 males and 15  
97 females. Tanks were maintained at 28–30 ppt and monitored daily for embryos. Collected  
98 embryos were rinsed and cultured in glass Petri dishes containing 900 mL filtered artificial  
99 seawater, 100 mL RO water, and 20 drops of methylene blue. Embryos were examined under a  
100 dissecting microscope (Olympus CKX53) to identify those at 24 hours post-fertilization using  
101 published developmental standards for *Oryzias latipes*, which closely match marine medaka  
102 (Murata et al., 2019). Embryos were maintained in an incubator at 28 °C under a 12:12 light–  
103 dark cycle.

### 104 *2.2. Generation of plastic leachates*

105 Pure PC, PET, PS, PP, and HDPE plastic nurdles were purchased from a commercial  
106 vendor (Polyplastics on Amazon), and their composition was verified using Fourier Transform  
107 Infrared Spectroscopy (FTIR). Plastic nurdles were washed and sterilized prior to UV exposure.  
108 For the photooxidation experiment, light and dark treatments were conducted in triplicate. For  
109 the light treatment, 1 g of clean plastic nurdles was added to 110 mL of artificial seawater  
110 (InstantOcean®, 33 ppt) in a sterile 120 mL quartz bottle. The solution was photodegraded in an  
111 Atlas XLS+ solar simulator maintained at  $33 \pm 2$  °C for 8 weeks and equipped with a filter-Q for  
112 artificial natural sunlight. The simulator induced an average irradiation of 5000  $\mu\text{mol}$   
113 photons/m<sup>2</sup>/s, with 8 weeks equivalent to 3 years of natural diel sunlight. The dark treatment  
114 used the same setup with amber glass bottles kept in a closed box to determine whether UV  
115 exposure caused any changes. Samples were shaken daily for 10 seconds and opened briefly to  
116 balance pressure.

117 Light-treatment samples were collected at week 8, and nurdles were removed by vacuum  
118 filtration with a 0.7  $\mu\text{m}$  glass fiber filter. Filtrates were analyzed using a total organic carbon  
119 analyzer (Shimadzu TOC-V) to determine final DOC concentrations (Table 1). An aliquot of  
120 filtrate (90 mL) from each plastic type was used for DOC analysis and toxicity assessments.  
121 DOC concentrations in bottles containing PC, PET, PS, PP, and PE increased during the 8-week  
122 photodegradation period. Light treatment increased DOC concentrations significantly more than  
123 dark treatment, indicating that chemicals and/or polymers leached into solution during  
124 photodegradation.

125 Filtrates were diluted with control seawater (28–30 ppt) to prepare three concentrations  
126 (0.1, 0.5, and 5 ppm) for each plastic type (PC, PE, PET, PS, and PP) for marine medaka embryo  
127 exposures. Control water consisted of a 1:1 mixture of filtered artificial seawater (30 ppt) and  
128 seawater from breeding adult tanks. Determining environmentally relevant concentrations of  
129 plastic leachates is difficult due to the vast number of chemicals, additives, and compounds that  
130 may be released as plastics are photodegraded. Previous studies have used plastic leachate  
131 concentrations ranging from 0.01 mg/L to 8000 mg/L (Sources), as there is no clear consensus  
132 regarding how to generate and use plastic leachates in toxicity assessments. Therefore, three  
133 concentrations were chosen to represent low (0.1 ppm), high (0.5 ppm), and very high (5.0 ppm)  
134 exposure levels to assess whether toxicity effects were concentration dependent.

135  
136 **Table 1.** Final DOC concentrations (mg/L) measured after an 8-week photodegradation period  
137

<b>Polymer</b>	<b>Treatment Length</b>	<b>Final DOC Concentration (mg/L)</b>
PE	8-weeks	72.39
PET	8-weeks	26.30
PP	8-weeks	127.17
PS	8-weeks	20.00
PC	8-weeks	10.86

138

### 139 *2.3 Experimental design and developmental analysis*

140 To assess early development in marine medaka, developmental experiments were  
141 conducted with PC, PET, PS, PP, and PE leachates at three concentrations (0.1, 0.5, and 5 ppm).  
142 Embryos 24 hours post-fertilization were randomly assigned to treatment and control groups, with  
143 5 replicates per group and 5 embryos per replicate (25 embryos total; Fig. 2). Embryo development  
144 was monitored daily for 14 days, and stage, mortality, and hatching status were recorded.  
145 Deformities before and after hatching were noted and photographed using a compound microscope  
146 (Olympus CKX53). Endpoint mortality and hatching rates were calculated on day 14 for each  
147 replicate. Kaplan–Meier survival and hatching curves were generated to analyze trends over the  
148 exposure period. Heart rate was measured on days 4, 6, 8, and 10 by randomly selecting 5 embryos  
149 from each treatment group and counting heartbeats over 20 seconds (Huang et al., 2011).

150 Adult marine medaka (3 months old) were randomly assigned to 5 L tanks. The adult  
151 exposure experiment included four treatments: PE 0.1 ppm, PE 0.5 ppm, PC 0.1 ppm, and a control  
152 with artificial seawater (28–30 ppt). Each treatment included two tanks, one with 20 females and  
153 one with 20 males. Adults were observed for 16 days, and mortality, deformities, and unusual  
154 behavior were recorded. Approximately 10 adults from each tank were collected at the end of the  
155 study for genetic analysis, and 10 for histological analysis.

### 156 *2.4 Histological analysis*

157 Male and female adult marine medaka exposed to PC and PE leachates for 16 days were  
158 fixed in paraformaldehyde for histological examinations. Samples were embedded in paraffin wax,  
159 and longitudinal 4- $\mu$ m sections were cut using a rotary microtome (Leica RM2125 RTS, Leica  
160 Biosystems, Nussloch, Germany). Sections were stained with hematoxylin and eosin (H&E), and  
161 photos of the liver and gill tissues were taken to compare the morphologies of the treatment and

162 control samples. Images were assigned a unique identifier to ensure that reviewers were blind to  
163 treatment groups. Four trained observers independently scored the photos on a semi-quantitative  
164 0–3 scale (0 = normal; 1 = mild; 2 = moderate; 3 = severe) based on lesion severity, including  
165 hepatocyte distribution, vacuolation, presence of lipofuscin granules, and liver color. Up to 14  
166 slides were evaluated per fish, and scores were averaged across observers to generate a single  
167 composite score per fish sample.

168 Immunofluorescence (IF) was performed using a Ki-67 antibody (Rabbit × Human  
169 polyclonal, Cat# NB110-90592, Novus Biologicals, Centennial, CO), which has previously been  
170 shown to work in fish (Mealiea et al., 2020). The paraffin-embedded slides were incubated at 40°C  
171 overnight. Following the complete deparaffinization by xylene and rehydration by serially diluted  
172 ethanol, the slides were submerged in citrate buffer (10 mM tri-sodium citrate with 0.05% Tween-  
173 20, pH 6.0) and incubated in a steamer for 20 minutes to retrieve the antigens from the tissues.  
174 Thoroughly washed by PBS, the slides were incubated with a 1:200 diluted Ki-67 primary antibody  
175 in PBST (PBS + 0.05% Tween-20) containing 10% goat serum at 4°C overnight. Donkey × Rabbit  
176 IgG (H+L) Alexa Fluor™ 488 secondary antibody (Thermo Fisher Scientific, Cat# A-21206) was  
177 used in a dilution of 1:200 with PBST and incubated with the slides stained with DAPI prior to  
178 microscopic observation. The fluorescent imaging was performed with Nikon TS2-FL (Nikon  
179 USA, Melville, NY) with a DS-Fi3 high-definition color microscope camera equipped with a 5.9-  
180 megapixel CMOS image sensor (Nikon USA).

181 IF images were analyzed using ImageJ (2.16.0/1.54p) to determine the percentage of  
182 proliferating cells relative to the total number of cells present in the gill tissues. Results for each  
183 image were standardized by dividing the number of Ki-67 fluorescent cells present by the total

184 area of cells stained with DAPI, and then multiplying by 100 to obtain the percentage of  
185 proliferating cells in the gill tissue samples.

### 186 *2.5 RT-qPCR analysis of target genes*

187 The genetic response of male and female adult marine medaka exposed to PC and PE  
188 leachates for 16 days was evaluated using real-time quantitative polymerase chain reaction (RT-  
189 qPCR). The male and female control groups received no treatment. Genes related to oxidative  
190 stress, inflammatory response, xenobiotic metabolism, and the immune system were chosen to  
191 determine the genetic response of adult marine medaka to PC and PE leachate exposure  
192 (Supplementary Data Table S1). Total RNA from each sample was isolated using the Trizol  
193 method, and cDNA was synthesized using the Promega Reverse Transcriptase kit (Promega  
194 Corporation, Madison, USA). RT-qPCR was performed using the Sybr Green method, and the  
195 data were calculated using the  $2^{-\Delta\Delta CT}$  method (Livak and Schmittgen, 2001). CT values were  
196 normalized against the housekeeping gene, 18S rRNA.

### 197 *2.8 Statistical analysis*

198 Data were analyzed using R Studio (2023.12.1+402) and Microsoft Excel (2024).  
199 Mortality and hatching data from all developmental studies were evaluated using Kaplan–Meier  
200 survival analysis to estimate survival and hatching probabilities for each treatment over time, and  
201 pairwise comparisons were performed using a log-rank test at the 0.5 significance level.

202 Differences in embryo heart rates across treatments and days were analyzed using a linear  
203 mixed-effects model (LME) with treatment, day, and their interaction as fixed effects and  
204 replicate as a random effect. A likelihood ratio test compared a model assuming equal variances  
205 across treatments with one allowing treatment-specific variances. The variance-heterogeneous  
206 model was a better fit for PE, PC, PET, and PS ( $p < 0.0001$ ,  $p = 0.0374$ ,  $p = 0.0003$ , and  $p =$

207 0.0311), while the equal-variance model fit PP better ( $p = 0.2494$ ). Normality was assessed using  
208 a Q-Q plot and histogram, and homoscedasticity by plotting residuals vs. fitted values. Random  
209 effects showed no pattern, supporting independence. Estimated marginal means (EMMs) and  
210 95% confidence intervals were calculated using the containment method. Pairwise comparisons  
211 between treatments on each day used Tukey-adjusted contrasts.

212 Deformity results, IF cell proliferation results, and relative gene expression data for PE  
213 treatments were evaluated using a one-way ANOVA followed by Tukey's HSD test. Relative  
214 gene expression for PC was assessed using Welch's t-test. Outliers were identified using Grubbs'  
215 test and removed. Unless noted otherwise, data are expressed as means  $\pm$  standard error. For all  
216 statistical tests, differences were considered significant at \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P <$   
217 0.0001.

218

219 **3. Results**

220 *3.1 Embryo mortality and hatching rates*

221 Kaplan-Meier survival curves showed that all plastic types, excluding PE, had  
222 significantly faster mortality probabilities than the control in at least one treatment group.  
223 Exposure to PC 0.1 ppm resulted in a 28% higher mortality than the control ( $p = 0.01662$ ; Fig.  
224 2A). Exposure to PET 5.0 ppm resulted in a 32% higher mortality than the control group ( $p =$   
225  $0.0087$ ; Fig. 2B). Exposure to PS 5.0 ppm treatment group also resulted in a 28% higher  
226 mortality than the control group ( $p = 0.0100$ ; Fig. 2C). Exposure to PP 0.5 ppm resulted in a 16%  
227 higher mortality than in the control group ( $p = 0.039$ ; Fig. 2D). For PE, both the control and  
228 treatment groups exhibited very low mortality overall (Fig. 2E).

229 **Fig. 2** Percent survival of embryos exposed to PC (A), PET (B), PS (C), PP (D), and PE (E)  
230 leachates at different concentrations across a 14-day exposure ( $n = 25$ ). Data was expressed as a  
231 Kaplan-Meier curve, and significance was evaluated using a log-rank test at the 0.05 significance  
232 level. Asterisk (\*) denotes significance compared to the control ( $* < 0.05$ ,  $** < 0.01$ ).

233  
234           Our hatching curve analysis showed that exposure to PC 0.1 ppm, PET 5.0 ppm, PP 0.5  
235 ppm, and PP 5.0 ppm resulted in significantly slower hatching rates (Fig. 3). Hatching rates were  
236 significantly slower than the control in the PC 0.1 ppm treatment group ( $p = 0.054$ , Fig. 3A), as  
237 well as the PET 5.0 ppm treatment group ( $p = 0.02$ ; Fig. 3B). Hatching rates were also  
238 significantly slower than the control in the PP 0.5 ppm treatment group ( $p = 0.0404$ ; Fig. 3D) and  
239 in the PP 5.0 ppm treatment group ( $p = 0.0105$ ; Fig. 3D). The rates at which hatching occurred in  
240 the PS treatment groups were not significantly different (Fig. 19).

241 **Fig. 3** Cumulative hatching rates of embryos exposed to PC (A), PET (B), PS (C), PP (D), and  
242 PE (E) leachates at different concentrations across a 14-day exposure ( $n = 25$ ). Data was  
243 expressed as a Kaplan-Meier curve, and significance was evaluated using a log-rank test at the  
244 0.05 significance level. Asterisk (\*) denotes significance compared to the control ( $* < 0.05$ ,  $** <$   
245  $0.01$ ).

246 *3.2 Developmental analysis*

247 Exposure to PET leachates induced developmental deformities at all three treatment  
248 concentrations. The PET 0.5 ppm treatment group resulted in the highest rate of deformity at  
249  $20\% \pm 6.32\%$  and was significantly higher compared to the control ( $p = 0.0278$ , Fig. 4B).  
250 Deformities consisted of spinal deformations, including curved, bent, and kinked tails that  
251 inhibited the larvae's locomotive abilities (Fig. 4A). In all cases of curved spines, swimming  
252 ability was inhibited completely, and those with kinked or bent tails showed little to no  
253 swimming ability. Exposure to PC 0.1 ppm and PC 5.0 ppm leachates also induced  
254 developmental deformities. No deformities were observed in the PC 0.5 ppm treatment group.  
255 The highest deformity rate, which consisted of both spinal deformations and incomplete  
256 development of the upper jaw (Fig. 4A), was seen in the PC 0.1 ppm treatment group, with a rate  
257 of  $12\% \pm 8.00\%$  (Fig. 4C). Spinal deformations included bent and curved tails that inhibited  
258 locomotion. Upper jaw deformities did not impact immediate survival or locomotion.  
259 Deformities were not observed in any of the PS, PP, or PE treatment or control groups.

260 **Fig. 4** Morphological changes in larvae exposed to PET and PC leachates (**A**). SD = spinal  
261 deformity; JD = jaw deformity. Scale bar: 1 mm. Effects of PET (**B**) and PC (**C**) leachates on  
262 developmental deformities across five replicates (n = 5; 5 embryos per replicate, 25 per  
263 treatment). Data shown as means  $\pm$  SE. Asterisks indicate significance vs. control (\* < 0.05, \*\* <  
264 0.01, \*\*\* < 0.001).

### 265 *3.3 Heart rate analysis*

266 Exposure to plastic leachates significantly reduced heart rates on at least one day for all  
267 treatments (PC, PET, PS, PP, PE) when compared to their respective control groups. PC  
268 leachates reduced heart rates only on day 6. Heart rates were, on average, 21.6 bpm slower in the  
269 PC 5.0 ppm exposure than the control on day 6 (p = 0.0400; Fig. 5A). PET leachates reduced  
270 heart rates on days 4 and 6. Exposure to PET 5.0 ppm reduced heart rates by 31.8 bpm on  
271 average relative to the control on day 4 (p = 0.0067; Fig. 5B). On day 6, heart rates were on  
272 average 47.4 bpm slower in the PET 0.1 ppm exposure (p = 0.0002), 36.0 bpm slower in the PET  
273 0.5 ppm exposure (p = 0.0173), and 31.2 bpm lower in the PET 5.0 ppm exposure (p = 0.0080).  
274 PS leachates reduced heart rates on days 4, 6, and 8 (Fig. 5C). Heart rates were on average 33.6  
275 bpm slower in the PS 0.1 ppm group on day 4 (p = 0.0021) and 31.2 bpm slower in the 5.0 ppm  
276 group (p = 0.0028). On day 6, the 5.0 ppm group was on average 27.0 bpm slower (p = 0.0122).  
277 On day 8, heart rates were on average 27.0 bpm slower in the 0.5 ppm group (p = 0.0293) and  
278 40.2 bpm slower in the 5.0 ppm group (p = 0.0001; Fig. 5C). Similarly to PC, PP leachates  
279 reduced heart rates only on day 6 (Fig. 5D). Heart rates were on average 29.4 bpm slower in the  
280 PP 0.5 ppm exposure (p = 0.0381) and 49.2 bpm slower in the PP 5.0 ppm exposure (p = 0.0001)  
281 on day 6. PE leachate exposure reduced heart rates on days 6, 8, and 10. On day 6, heart rates  
282 were on average 21.0 bpm slower in the PE 5.0 ppm exposure relative to the control (p =

283 0.0289), 21.6 bpm slower on day 8 ( $p = 0.0233$ ), and 21.6 bpm slower on day 10 ( $p = 0.0233$ ;  
284 Fig. 5E).

285 **Fig. 5** Effects of PC (A), PET (B), PS (C), PP (D), and PE (E) leachates on heart rate at three  
286 concentrations. Heart rates expressed as the average of 5 replicates ( $n = 5$ ). Data expressed as  
287 estimated marginal means  $\pm$  95% CIs. Asterisk (\*) denotes significance compared to the  
288 control (\*  $< 0.05$ , \*\*  $< 0.01$ , \*\*\*  $< 0.001$ ).

### 289 *3.4 Histological analysis of adult marine medaka*

290 Gill morphology showed no observable differences between treatment and control  
291 groups, so pathological scoring was not performed. Variations in liver morphology were evident  
292 between the treatment and control groups, although average histological lesion scores were not

293 significant between groups ( $F(3, 21) = 2.315, p = 0.105$ ). All treatment groups exhibited higher  
294 average lesion scores than the control group, showing evidence of hepatocellular vacuolation and  
295 excess accumulation of lipofuscin granules (Fig. 6).

296 IF staining in the gill tissues revealed significant differences in average cell proliferation  
297 between treatment groups ( $F(3, 20) = 3.494, p = 0.035$ ). Average cell proliferation was  
298 significantly higher in the PC 0.1 ppm treatment group ( $0.20 \pm 0.02$ ) than in the control group  
299 ( $0.13 \pm 0.02, p = 0.047$ , Fig. 7). Average cell proliferation was also increased compared to the  
300 control in the PE 0.1 and PE 0.5 ppm treatment groups, although not significantly so.

301

302 **Fig. 6 (A)** Pathological scoring criteria used to evaluate liver damage in adult marine medaka.  
303 Level 0: normal; Level 1: mild damage; Level 2: moderate damage; Level 3: severe damage.  
304 Arrows indicate hepatocellular vacuolation, and circles highlight lipofuscin granule  
305 accumulation. Scale bar = 50  $\mu\text{m}$ . **(B)** Mean histological lesion scores for each treatment group  
306 ( $n = 6-7$ ). Data expressed as means  $\pm$  SE.

307

308 **Fig. 7 (A–D)** Immunofluorescent staining of gill tissue in adult marine medaka using a Ki-67  
309 antibody (green) to identify proliferating cells and a DAPI counterstain (blue) to label nuclei.  
310 Representative images are shown for the control (**A**), PE 0.1 ppm (**B**), PE 0.5 ppm (**C**), and PC  
311 0.1 ppm (**D**) groups. Scale bar = 100  $\mu$ m. (**E**) Mean cell proliferation (%) observed in each  
312 treatment group (n = 6). Data expressed as mean  $\pm$  SE. Asterisks indicate significant differences  
313 compared with the control (\*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001).

314

### 315 3.5 Effect of PC and PE leachates on gene expression levels of adult marine medaka

316 Exposure of adult marine medaka males to PC leachates induced widespread  
317 downregulation of several genes across multiple pathways, while females showed targeted  
318 upregulation of detoxification and immune response genes (Fig. 7). In males exposed to PC 0.1  
319 ppm, *sod* expression was downregulated 124.9-fold relative to the control (p < 0.0001), and  
320 glutathione peroxidase (*gpx*) expression was downregulated 3.4-fold relative to the control (p =  
321 0.002). CYP1A1 expression was also downregulated 4.7-fold relative to the control (p = 0.001),  
322 and there was no significant difference observed in aryl hydrocarbon receptor gene (*ahr*)  
323 expression between the treatment and control (p = 0.225). The expression of *il-1 $\beta$*  was

324 downregulated 4.6-fold relative to the control ( $p = 0.029$ ), and *cox-2* was downregulated 5.2-fold  
325 relative to the control ( $p = 0.004$ ). The expression of *c3* was 1.9-fold lower than the control but  
326 was not significantly different ( $p = 0.139$ ). In females exposed to PC 0.1 ppm, *sod* expression  
327 was 2.1-fold higher than the control, but not significantly different ( $p = 0.156$ ). The expression of  
328 *gpx*, *ahr*, *c3*, and *cox-2* was unchanged relative to the control (Fig. 7). *Cyp1a1* expression was  
329 upregulated 3-fold relative to the control ( $p = 0.045$ ), and *il-1 $\beta$*  expression was upregulated 2-  
330 fold relative to the control ( $p = 0.027$ ).

331 Exposure of females to PE leachates induced significant changes to the detoxification and  
332 immune response genes, while males showed severe downregulation of only the antioxidant  
333 defense genes (Fig. 7). In males exposed to PE 0.1 ppm and PE 0.5 ppm, *sod* expression was  
334 downregulated 91.1-fold ( $p = 0.001$ ) and 17.6-fold ( $p = 0.005$ ), respectively. *Gpx* expression was  
335 also downregulated 2.1-fold (0.050) and 3.2-fold (0.004) in the PE 0.1 ppm and PE 0.5 ppm  
336 treatment groups, respectively. No significant differences in expression were observed in *ahr*,  
337 *cyp1a1*, *il-1 $\beta$* , *c3*, and *cox-2* compared to the control. In contrast, females exposed to PE 0.1 ppm  
338 and PE 0.5 ppm showed no significant differences in *sod* or *gpx* expression. *Ahr* expression in  
339 the PE 0.5 ppm treatment group was upregulated 2.4-fold relative to the control ( $p = 0.028$ ).  
340 *cyp1a1* expression in the PE 0.1 ppm and 0.5 ppm treatment groups was downregulated 7.9-fold  
341 (0.005) and 311.6-fold ( $p < 0.001$ ), respectively. In the PE 0.1 ppm treatment group, *il-1 $\beta$*

342 expression was upregulated 4.5-fold ( $p = 0.001$ ) relative to the control. *C3* and *cox-2* expression  
343 in females exposed to PE leachates remained unchanged from the controls.

344 **Fig. 8 (A)** Heatmap of gene expression in adult marine medaka exposed to PE and PC leachates.  
345 Colors represent  $\log_2$  fold changes relative to controls (blue = downregulated, white = no change,  
346 red = upregulated).  $n = 3-5$ . **(B)** Relative expression levels of key genes affected by PE and PC  
347 leachates. Asterisk (\*) denotes significance compared to the control (\*  $< 0.05$ , \*\*  $< 0.01$ , \*\*\*  
348  $< 0.001$ ).

349

## 350 **4. Discussion**

### 351 *4.1 Effects of plastic leachates on embryo mortality*

352 Survival probability for marine medaka embryos was significantly reduced in at least one  
353 treatment group for all polymer types except PE. Mortality was greatest in the 5.0 ppm PET and  
354 5.0 ppm PS treatment groups, suggesting a potential dose-response effect. Our findings are  
355 supported by previous studies showing that plastic leachates can induce significant mortality in  
356 fish embryos. Plastic leachates from agricultural mulching films led to significant mortality in  
357 zebrafish (*D. rerio*) embryos when exposed to high concentrations (Li et al., 2023). Although  
358 their exposure concentrations (6–8 g/L) were far higher than those in the present study, their  
359 results similarly demonstrate that both high and relatively low concentrations of leachates can  
360 impair embryo survival. Additionally, our results are consistent with studies showing that UV-  
361 weathered plastics increase mortality in aquatic invertebrates, such as the copepod *Nitocra*  
362 *spinipes* (Gewert et al., 2021), further supporting the conclusion that plastic leachates may  
363 induce mortality in a variety of taxa.

364 Our results suggest that mortality occurred more rapidly and severely under exposure to  
365 PC and PET leachates, whereas PS induced moderate effects, and PP and PE leachates induced  
366 weaker effects. Recent studies comparing toxicities among different plastic types are not fully  
367 supported by our findings. Exposure to PS and PET exhibited relatively low toxicity in the  
368 copepod *Nitocra spinipes*, while PP induced relatively high toxicity (Gewert et al., 2021). These  
369 results conflict with our conclusions that PS and PET induced significant mortality, while PP  
370 exhibited lower mortality rates overall. These differences may reflect species-specific  
371 susceptibility between copepods and marine medaka, as well as potential variation in the  
372 chemical composition of the plastics used. The plastic leachates used in the present study consist

373 of photodegradation products that include particles, polymers, and monomers of varying sizes.  
374 This variation may help explain some of the discrepancies in toxicities when comparing our  
375 results to those of studies assessing the toxicity of single-sized plastic particles.

#### 376 *4.2 Effects of plastic leachates on embryo hatching success*

377 Hatching success is an essential endpoint in toxicity testing because it provides insight  
378 into both developmental progression and overall embryo health (Suter II et al., 1987). In this  
379 study, cumulative hatching was significantly delayed in the PC 0.1 ppm, PET 5.0 ppm, and both  
380 the PP 0.5 ppm and PP 5.0 ppm treatment groups compared to controls. Although not statistically  
381 significant, most other treatment groups exhibited 8–16% lower hatching rates than the controls,  
382 suggesting a consistent trend toward delayed hatching across polymers. Although relatively few  
383 studies have examined the embryotoxicity of plastic leachates, our results are consistent with  
384 prior findings. Hatching rates were not affected in marine medaka exposed to degraded PVC  
385 leachates, but hatching times were significantly decreased relative to the controls (Xia et al.,  
386 2022). Slower hatching has important ecological implications, as it can decrease survival and  
387 recruitment by prolonging the vulnerable embryonic stage and delaying the transition to free-  
388 feeding larvae (Lee et al., 2018).

#### 389 *4.3 Effects of plastic leachates on embryo development*

390 Developmental deformations were observed in all PET treatment groups, with the 0.5  
391 ppm treatment group exhibiting the highest rate of deformity at 20% (Fig. 4B). Deformities were  
392 also observed in the 0.1 and 5.0 ppm PC treatment groups. Both PET and PC leachate exposure  
393 resulted in spinal deformations, including curved or bent spines, as well as kinked tails. These  
394 malformations resulted in a partial or complete reduction in locomotive ability for the affected

395 larvae, which may have serious implications for long-term survivability (Sfakianakis et al.,  
396 2015). Additionally, PC exposure resulted in several cases of incomplete development of the  
397 upper jaw, which had no observable effects on locomotion or survival but may impact the  
398 larvae's ability to feed in long-term scenarios (Olsvik et al., 2021).

#### 399 *4.4 Effects of plastic leachates on heart rate*

400 The heart is one of the first organs to form during embryogenesis and is particularly  
401 vulnerable to environmental stressors, making abnormal heart rates an important indicator of  
402 developmental toxicity (Chen et al., 2022). The heart rate was measured on days 4, 6, 8, and 10  
403 to gain a comprehensive understanding of cardiac development from fertilization to hatching.  
404 Across all plastic types tested, heart rates were significantly reduced relative to controls on at  
405 least one day. Notably, all polymers induced bradycardia at the highest exposure concentration  
406 (5.0 ppm) on day 6.

407 Bradycardia in fish embryos is widely recognized as a biomarker of stress and impaired  
408 cardiac development, reflecting both physiological coping mechanisms and potential  
409 developmental disruption (Chen et al., 2020; Alboni et al., 2011). This defense mechanism  
410 allows marine medaka to survive in fluctuating conditions by optimizing oxygen use (Dong et  
411 al., 2014). Reductions in heart rate during embryonic development and heart formation can lead  
412 to abnormal heart development and have long-term consequences for survival and fitness (Huang  
413 et al., 2012; Reynolds et al., 2022). Our findings that exposure to plastic leachates led to  
414 consistent reductions in heart rate suggest that plastic leachates can disrupt normal cardiac  
415 function in marine medaka embryos. Previous studies have shown that exposure to PS  
416 microplastics and nanoplastics elicits a similar bradycardia response in fish embryos, including

417 marine medaka (Chen et al., 2020) and zebrafish (Persiani et al., 2023), even at very low  
418 concentrations.

419         The strong reductions in heart rate observed in this study may be linked to the formation  
420 of reactive oxygen species (ROS) during plastic degradation. Microplastics are known to  
421 generate ROS, with free radicals forming on particle surfaces as they weather (Kadac-Czapska et  
422 al., 2024). In fish, elevated ROS levels can cause oxidative damage and trigger toxicity  
423 responses, and oxidative stress has been directly associated with altered cardiac function  
424 (Chowdhury and Saikia, 2020). Our findings suggest that high concentrations of PC, PET, PS,  
425 PP, and PE plastic leachates may induce bradycardia during early cardiac development, with  
426 PET and PS leachates eliciting this response at concentrations as low as 0.1 ppm.

#### 427 *4.5 Histological assessment of adult marine medaka*

428         No significant structural differences were detected in the gill tissues of adult marine  
429 medaka between the control and treatment groups, but variations in liver morphology were  
430 observed. Evidence of hepatocellular vacuolation was observed in the PE 0.1 and PC 0.1 ppm  
431 treatment groups, a response commonly associated with cellular stress or injury that may disrupt  
432 normal liver function (Nayak et al., 1996). Similar effects were seen in European sea bass  
433 (*Dicentrarchus labrax*), where exposure to PE and PVC plastics significantly increased  
434 hepatocyte vacuolation and altered liver morphology (Espinosa et al., 2019). Excess  
435 accumulation of lipofuscin granules was also seen in the PE 0.1, PE 0.5, and PC 0.1 ppm  
436 treatment groups. Lipofuscin is a pigment that accumulates naturally with age but can form  
437 prematurely in cases of high oxidative stress and ROS accumulation (Baldensperger et al., 2024).  
438 The presence of high amounts of lipofuscin observed in our young adult fish may indicate that  
439 oxidative stress is inducing changes within the liver. A similar result was observed in *C. elegans*,

440 where exposure to PS-NPs induced the accumulation of lipofuscin, indicating cellular damage  
441 due to increased oxidative stress (Liu et al., 2020).

442 Our results suggest that a short, 16-day exposure to plastic leachates may cause low to moderate  
443 liver damage in adult marine medaka, although further analysis is needed to confirm  
444 concentration-dependent effects and trends among treatment groups.

#### 445 *4.6 Antioxidant defense system response*

446 To determine oxidative stress levels and the status of antioxidant defense systems, the *sod*  
447 and *gpx* genes were selected for evaluation. These genes play an essential role in regulating ROS  
448 levels and the antioxidant system (Huang et al., 2023). Oxidative stress results from an  
449 imbalance in the production of free radicals and the body's ability to neutralize these radicals  
450 using the antioxidant defense system, which can lead to cellular damage and promote  
451 inflammatory processes (Skoryk & Horila, 2023). The *sod* gene is an important regulator of  
452 ROS, which includes superoxide and hydrogen peroxide. Excess hydrogen peroxide is typically  
453 converted into less reactive hydroxyl compounds by *gpx*. However, the accumulation of  
454 hydrogen peroxide may result in cellular damage (Mişe Yonar et al., 2014).

455 Our results show that *sod* and *gpx* expression in adult male marine medaka was  
456 significantly downregulated in all treatment groups, suggesting a broad suppression of the  
457 antioxidant defense system. Significant reductions in *gpx* expression indicate that exposure to  
458 low concentrations of PE and PC leachates may impair antioxidant systems and lead to harmful  
459 hydrogen peroxide accumulation (Ramírez-Duarte et al., 2017). High levels of ROS production  
460 combined with suppression of the antioxidant defense system may lead to high levels of  
461 oxidative stress, potentially resulting in lipid peroxidation and DNA damage (Chandimali et al.,

462 2025). Prolonged oxidative stress may also increase the susceptibility of organisms to disease  
463 and infections (Skoryk & Horila, 2023). In females, both SOD and GPx expression remained  
464 unchanged relative to the controls. This response suggests that females experienced neither  
465 activation nor inhibition of the antioxidant defense system under plastic leachate exposure.  
466 Studies have shown that females are less susceptible to oxidative stress due to the antioxidant  
467 properties of estrogens such as 17 $\beta$ -estradiol (E2), which may promote the expression of  
468 antioxidant enzymes (Hameed et al., 2023; Kander et al., 2017; Strehlow et al., 2003).

#### 469 4.7 Xenobiotic metabolism response

470 To understand how plastic leachate exposure affected the *ahr* signaling pathway and  
471 detoxification systems, *ahr* and *cyp1a1* genes were chosen for evaluation. *Ahr* is a ligand-  
472 activated transcriptional factor that is essential for responding to environmental stressors and  
473 toxins (Kou et al., 2024). *Ahr* primarily responds to hydrophobic chemicals such as dioxins and  
474 polycyclic aromatic hydrocarbons (PAHs), where it binds to the toxin and moves into the  
475 nucleus, and is responsible for activating detoxification genes such as *cyp1a1*. The *cyp1a1* gene  
476 plays an essential role in metabolizing foreign chemicals, otherwise known as xenobiotics, which  
477 is an important step in removing toxins from the body (Delescluse et al., 2000). Through this  
478 detoxification process, *cyp1a1* may also generate ROS, which can lead to increased oxidative  
479 stress if left to accumulate (Stading et al., 2020).

480 *Cyp1a1* expression in adult male marine medaka was unchanged in the PE 0.1 ppm and  
481 PE 0.5 ppm treatment groups and significantly downregulated in the PC 0.1 ppm treatment  
482 group. Downregulation of *cyp1a1* in the PC 0.1 ppm treatment group, combined with  
483 downregulation of *gpx*, may indicate low oxidative stress levels, although the suppression of  
484 *cyp1a1* can lead to toxin accumulation in some cases (Czekaj et al., 2005). In females, exposure

485 to PE leachates induced significant downregulation of *cyp1a1* expression in all treatment groups,  
486 indicating a suppression of the detoxification pathway. These results are supported by previous  
487 studies showing that *O. melastigma* embryos exposed to plastic leachates in saltwater had  
488 downregulated *cyp1a1* expression levels, disrupting the *ahr* pathway (Qiu et al., 2023).

489 In adult marine medaka females, exposure to PC leachates significantly upregulated the  
490 expression of *cyp1a1* in the PC 0.1 ppm treatment group, indicating activation of the  
491 detoxification response. The differences seen in *cyp1a1* expression between males and females  
492 exposed to the PC 0.1 ppm treatment group may be attributed to sex hormone modulation of the  
493 *ahr* - *cyp1a1* pathway. The downregulation of *cyp1a1* can be mediated by the presence of  
494 androgens, which are responsible for the development and functions of the male reproductive  
495 system (Monostory et al., 2009). Conversely, the presence of estrogen has been shown to play a  
496 role in *cyp1a1* induction, leading to crosstalk between the *ahr* signaling pathway and estrogen  
497 receptors (Monostory et al., 2009; Wihlén et al., 2009).

#### 498 *4.8 Inflammatory and immune system response*

499 *Il-1 $\beta$*  is a pro-inflammatory cytokine that is essential in responding to infection and injury  
500 and is known to activate a wide range of inflammatory response genes (Lopez-Castejon &  
501 Brough, 2011). In adult marine medaka females, *il-1 $\beta$*  expression was significantly upregulated  
502 in the PC 0.1 ppm treatment group and significantly downregulated in the PE 0.1 ppm and 0.5  
503 ppm treatment groups. In males, *il-1 $\beta$*  expression was significantly downregulated in the PC 0.1  
504 ppm treatment group. Upregulation of *il-1 $\beta$*  typically indicates activation of the inflammatory  
505 response, as it induces nuclear factor- $\kappa$ B (*nf- $\kappa$ b*), which is a key regulator of immune and  
506 inflammatory responses (Liu et al., 2017).

507 *Cox-2* is an inducible enzyme activated by *nf- $\kappa$ b* that plays a role in regulating pain and  
508 inflammation, regulating the inflammatory response of the cardiovascular system, and supporting  
509 normal heart development in fish (Dong et al., 2010; Huang et al., 2007; Simon, 1999).  
510 Additionally, inhibition of *cox-2* has been shown to disrupt heart valve development, altering  
511 ventricle morphology and valve geometry (Scherz et al., 2008). In males, *cox-2* expression was  
512 significantly downregulated in the PC 0.1 ppm treatment group and reduced by 65% and 55% in  
513 the PE 0.1 ppm and 0.5 ppm treatment groups, respectively. Downregulation of both *il-1 $\beta$*  and  
514 *cox-2* in the male PC 0.1 ppm treatment group suggests suppression of the inflammatory  
515 response. It has been reported that suppression of immune system genes such as *il-1 $\beta$*  and *nf- $\kappa$ b*  
516 may lead to the downregulation of *cox-2* (Surh et al., 2001). In females, *cox-2* expression  
517 remained unchanged relative to the control, despite upregulation of *il-1 $\beta$* . This response indicates  
518 partial or early-stage activation of the inflammatory system, as *il-1 $\beta$*  is an early-response gene,  
519 while *cox-2* is activated downstream (Jung et al., 2003).

520 C3 is a crucial activator of the complement system, which is a cascade of proteins  
521 involved in innate immunity and the destruction of pathogens (Cho et al., 2016). Both males and  
522 females showed no significant changes to C3 expression.

#### 523 4.9 Comparative toxicities of plastic polymer types

524 DOC analysis revealed that release rates were greatest for PE and PP nurdles, with PP  
525 exhibiting much higher release rates than all other polymer types (Table 1). These results are  
526 consistent with other studies examining the photodegradation rates of polymers, which show that  
527 virgin PE and PP plastics released significantly higher rates of DOC than virgin PS and PET  
528 plastics (Delre et al., 2023).

529 Analysis of degradation pathways has revealed that polymers release distinct compounds  
530 depending on their chemical composition. For example, low-temperature pyrolysis shows that  
531 HDPE and PP primarily produce alkenes, alkanes, and alcohols; PS mainly yields aromatic  
532 compounds and styrene monomers; and PC produces alkanes and phenolic compounds (Jiang et  
533 al., 2024). The photodegradation of PET has been shown to release terephthalic acid (TPA),  
534 which may induce inflammation and respiratory impairment (Ishihara et al., 2025). Differences  
535 in degradation products may help explain observed differences in toxicity. PE and PP leachates  
536 appeared to induce lower rates of developmental toxicity than PC, PET, and PS leachates,  
537 despite having higher release rates of DOC. Conversely, PC and PET exhibited greater rates of  
538 mortality and developmental deformities, despite having two of the lowest DOC release rates.  
539 These results support the idea that toxicity is not directly associated with the amount of DOC  
540 released, but rather with the specific products produced by each polymer during degradation.

541 PC, PET, and PS contain benzene rings in their chemical structures, whereas PP and PE  
542 do not. Our hatching, mortality, and deformity responses across treatment concentrations showed  
543 that PC and PET elicited similar toxicity responses in marine medaka embryos when compared  
544 to PP and PE. PS exposure induced responses more comparable to PC and PET exposure than  
545 those from the non-aromatic polymers. The aromatic rings present in PC, PET, and PS may  
546 contribute to toxicity, as they can be metabolized into reactive intermediates that generate ROS,  
547 leading to oxidative stress and cellular damage (Chatterjee & Snyder, 1991; Paul & Pal, 2024).  
548 Benzene exposure has also been shown to affect the activity of antioxidant enzymes, further  
549 exacerbating oxidative damage and cellular harm (Paul & Pal, 2024). During the  
550 photodegradation period, PC and PET degraded more readily than PS, which may explain the  
551 greater toxicity effects observed under PC and PET exposure. Although polymers containing

552 benzene rings are generally more resistant to degradation due to their structural stability (Yuan et  
553 al., 2023), their persistence in the environment increases the likelihood of toxic byproducts  
554 leaching into marine environments over time, making them potential long-term sources of  
555 chemical pollution.

## 556 **5. Conclusion**

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567 **Table S1.** Primers for qPCR

568

569 **Figure S1.** Representative histological sections of the gills of adult marine medaka after 16 days  
570 of exposure to plastic leachates. A: Control; B: PE 0.1 ppm; C: PE 0.5 ppm; D: PC 0.1 ppm. PL:  
571 Primary lamella; SL: Secondary lamella; E: Erythrocytes; CS: Cartilaginous support. Scale bar =  
572 20  $\mu\text{m}$ .

573

574

575 **Part III: Spectroscopic analysis of photo-induced leachate of five different types of plastic**  
576 **nurdles**

577

578

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598

599 Methods

600 Analytical Measurements

601 Fluorescence excitation–emission matrix (EEM) spectroscopy

602 Fluorescence excitation–emission matrix (EEM) spectra were acquired using a Shimadzu  
603 RF-6000 spectrofluorometer (Shimadzu, Japan). Excitation wavelengths were scanned from  
604 200 to 400 nm with a step size of 5 nm, and emission wavelengths were recorded from 280 to  
605 550 nm at 1 nm intervals. The scan speed was set to 6000 nm min<sup>-1</sup>. Both excitation and  
606 emission slit widths were fixed at 10 nm, and detector sensitivity was set to low. Artificial  
607 seawater was measured as a procedural blank using the same acquisition parameters and was  
608 used for background correction and Raman normalization during subsequent data processing.

609 **UV-Visible (UV-Vis) absorption spectroscopy**

610 UV–Vis absorption spectra were measured using a UV spectrophotometer (UV-2600,  
611 Shimadzu, Japan) at the scanning wavelength range of 220–550 nm at 1 nm intervals at a  
612 medium scan speed. Measurements were performed in a quartz cuvette with an optical path  
613 length of 1 cm. The average absorbance value between 545 nm and 550 nm was subtracted  
614 from the spectrum for baseline correction. The resulting absorbance spectra were used for  
615 fluorescence inner-filter effects correction.

616

617 Data Analysis

618 **EEM spectra pre-preprocessing**

619 Data preprocessing consisted of the following steps:

620 1) Blank subtraction

621 Fluorescence signals from the artificial seawater blank were subtracted from all sample  
622 EEMs to remove background contributions from the solvent and instrument.

623 2) Inner-filter effect (IFE) correction

624 Inner-filter effects were corrected using sample-specific UV–Vis absorbance spectra,  
625 assuming a 1 cm optical path length. Absorbance values were used to account for  
626 attenuation of both excitation and emission light within the sample matrix.

627 3) Raman normalization

628 Fluorescence intensities were normalized to the Raman scatter peak of water. Specifically,  
629 the Raman signal was interpolated and integrated over the emission range of 371–428 nm at  
630 an excitation wavelength of 350 nm, and all EEMs were normalized to this Raman area to  
631 minimize instrumental drift and inter-measurement variability.

632 4) Scatter removal and interpolation

633 First- and second-order Rayleigh scattering as well as Raman scattering regions were  
634 removed from the EEMs. A  $\pm 10$ -25 nm exclusion window was applied around scatter bands,  
635 and the affected regions were reconstructed using two-dimensional B-spline interpolation.  
636 Notably, the scattering exclusion window would largely influence the final eem and data  
637 interpretation, which should be optimized for each eem spectra: large enough to remove the  
638 scattering effect but smaller enough not to remove the eem information for the samples  
639 (maybe can test whether we can treat the scattering information as a PARAFAC part and  
640 remove it).

641 Fluorescence indices and peak analysis

642 Several commonly used fluorescence indices were calculated to characterize the source  
643 and compositional features of dissolved organic matter. These included the fluorescence index  
644 (FI), biological index (BIX), and humification index (HIX). Before index calculation, EEMs  
645 were smoothed to reduce high-frequency noise. Additionally, five characteristic fluorescence  
646 peak regions were identified using the peak classification scheme proposed by Coble. Protein-  
647 like and humic-like fluorescence components were quantified based on their established  
648 excitation–emission wavelength domains.

649 
$$FI = \frac{f_{em470}}{f_{em520}} \quad (ex370)$$

650 where,  $f_{em470}$  is fluorescence intensity of emission wavelength of 470 nm, at excitation  
651 wavelength of 370 nm. The  $f_{em520}$  as above. The FI indicates the source of DOM, which is  
652 either: microbial derived (FI > 1.8) or terrestrially (FI < 1.2) (McKnight et al., 2001).

653 
$$HIX = \frac{\sum f_{em435-480}}{\sum f_{em300-345}} \quad (ex254)$$

654 where,  $\sum f_{em435-480}$  is the peak area under the emission spectra of 435–480 nm, at excitation  
655 wavelength of 254 nm. The  $\sum f_{300-345}$  as above. The HIX indicates the content of humic  
656 substance or extent of humification. Greater values indicate high extent of humification  
657 (Ohno, 2002; Zsolnay et al., 1999).

658 
$$BIX = \frac{f_{em380}}{f_{em430}} (ex310)$$

659 where,  $f_{em380}$  is fluorescence intensity of emission wavelength of 380 nm, at excitation  
660 wavelength of 310 nm. The  $f_{em430}$  as above. The BIX indicates the contribution of  
661 albuminoidal and biological components (Parlanti et al., 2000; Wilson and Xenopoulos,  
662 2008).

663

#### 664 Principal component analysis (PCA) analysis of EEM spectra

665 PCA was applied to the preprocessed EEM dataset to characterize major patterns of  
666 spectral variation among samples. Each EEM matrix was unfolded into a one-dimensional  
667 vector, and all samples were assembled into a sample-by-variable matrix, where each variable  
668 corresponded to an individual excitation-emission wavelength pair. Variables containing  
669 missing values, non-finite values, or zero variance across samples were removed before  
670 analysis. The resulting dataset was mean-centered and scaled to unit variance, and PCA was  
671 performed in R using the prcomp function. Sample scores were used to evaluate clustering and  
672 separation among treatments, while loading values were used to identify the wavelength  
673 regions contributing most strongly to PC1 and PC2.

674

#### 675 Parallel Factor Analysis (PARAFAC) analysis of EEM spectra

676 The corrected EEM dataset was subjected to PARAFAC to resolve independent  
677 fluorescent components. PARAFAC assumes that multiple samples contain a limited number  
678 of common fluorescent components, and that differences among samples mainly arise from  
679 variations in the relative contribution of these shared components. Accordingly, all samples  
680 are described by one common set of excitation and emission spectral profiles, while the sample

681 loading matrix (A matrix) directly represents the intensity of each resolved component (e.g.,  
682 C1, C2, and C3) in individual samples. The objective of PARAFAC is to identify the  
683 minimum number of components,  $F$ , required to adequately explain the trilinear structure of  
684 the EEM dataset, i.e., each component is represented as one vector in the sample, excitation,  
685 and emission modes, and the measured fluorescence signal is expressed as the linear  
686 combination of these components.

$$687 \quad X(i, j, k) = \sum_{f=1}^F a_{if} b_{jf} c_{kf} + e_{ijk}$$

688 Where  $i$  is the sample,  $j$  is the excitation wavelength,  $k$  is the emission wavelength,  $F$  is the  
689 number of components,  $a$  is the sample loading (concentration-like),  $b$  is the excitation  
690 loading,  $c$  is the emission loading,  $e$  is the residual error.

691 Model fitting was performed using non-negativity constraints in all three modes by  
692 default, with sample-wise normalization enabled (`normalise = TRUE`) to reduce the influence  
693 of absolute intensity differences among samples. To minimize convergence to local minima,  
694 each model was initialized with 50 random starts (`nstart = 50`), and the convergence criterion  
695 was set to `ctol = 1 × 10-8`. Candidate PARAFAC models were first screened by comparing  
696 model fit and component structure. The percentage of explained variance ( $R^2$ ) was used to  
697 evaluate model performance, and models with high explanatory power were considered  
698 preferable. Core consistency diagnostics (`corcondia`) were further calculated to assess whether  
699 the chosen component number was consistent with an acceptable trilinear structure; values  
700 greater than 40 were considered indicative of an acceptable model.

701 The final model was further validated using several complementary approaches. Residual  
702 EEMs were inspected to evaluate whether the model captured the major fluorescence  
703 structure; an acceptable model was expected to leave only weak, randomly distributed  
704 residuals, without strong structured hotspots. Residual plots were also used to check whether  
705 scatter removal and interpolation had been adequately performed. Split-half validation was  
706 carried out to test model robustness by fitting the same component number to independent  
707 subsets of the dataset. Model stability was evaluated visually by comparing the overlap of  
708 split-half component spectra and quantitatively using Tucker's congruence coefficients

709 (TCCs), where values greater than 0.95 were regarded as strong evidence for reproducible  
710 components. In addition, leverage analysis was performed to identify influential samples and  
711 wavelength regions and to assess whether individual samples disproportionately affected  
712 model structure.

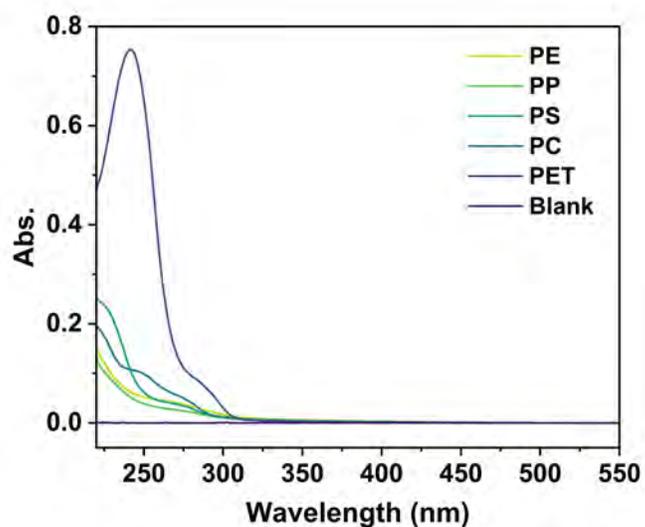
713 After validation, the selected three-component PARAFAC model was used to extract the  
714 sample-mode scores (A), emission loadings (B), and excitation loadings (C). Sample-mode  
715 scores were exported for subsequent comparison with fluorescence indices and other sample  
716 properties. The chemical plausibility of the resolved components was further assessed by  
717 comparison with characteristic fluorescence regions and, where appropriate, by reference to  
718 the OpenFluor database.

719

## 720 Results

### 721 UV-Vis spectra analysis

722 The UV-Vis absorbance of plastic-derived dissolved organic matter (pDOM) was  
723 mainly distributed between 230–300 nm region, suggesting the generation of low-  
724 molecular-weight compounds with limited conjugation. Interestingly, the characteristic UV-  
725 Vis absorption bands gradually shifted toward longer wavelengths in the order of PE, PP,  
726 PS, PC, and PET. Among all polymers, the degradation products of PET exhibit a clear  
727 characteristic absorption peak at around 250 nm. This peak can be attributed to  $\pi \rightarrow \pi^*$   
728 transitions of aromatic structures, such as small-molecule aromatic esters or aromatic  
729 carboxylic acids. While the characteristic absorption of PE and PP is located mainly in  
730 shorter wavelengths, suggesting a relatively simple degradation product with a lower degree  
731 of conjugation, most likely aliphatic oxidized molecules. Compared with PE and PP, PS  
732 showed a clear signal around 250 nm, suggesting the presence of aromatic low-molecular-  
733 weight compounds. PC exhibited a distinct absorption band in the 230–245 nm region with a  
734 noticeable tail retained over 250–280 nm, indicating that its dissolved photoproducts  
735 contained a greater contribution from aromatic oxidized structures and/or carbonyl-  
736 containing aromatic fragments.



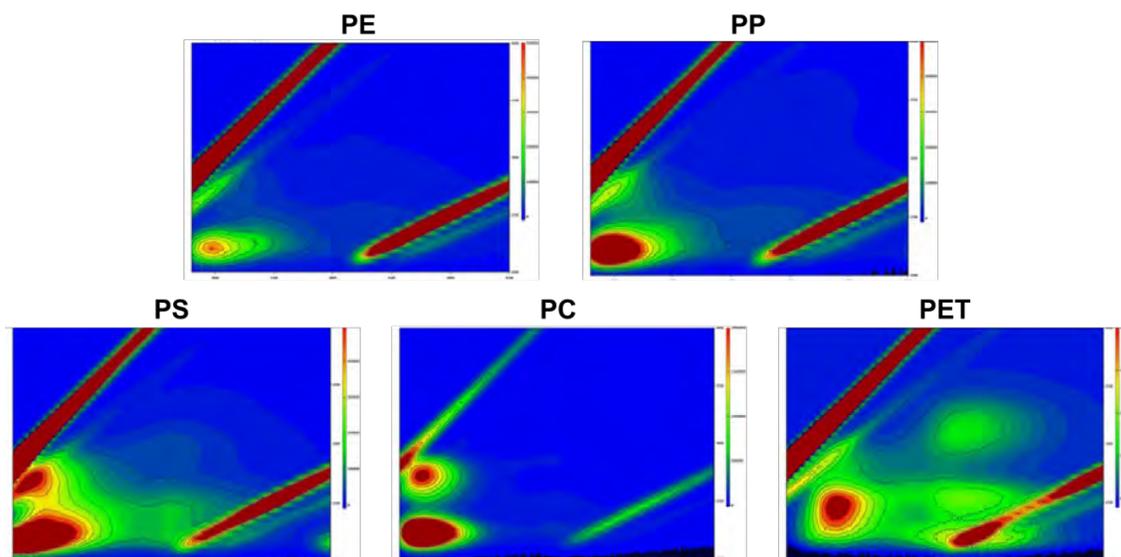
737

738 Figure 1: UV-Vis Spectra of the photo-induced leachate of different types of plastic nurdles

739

740 EEM spectra analysis

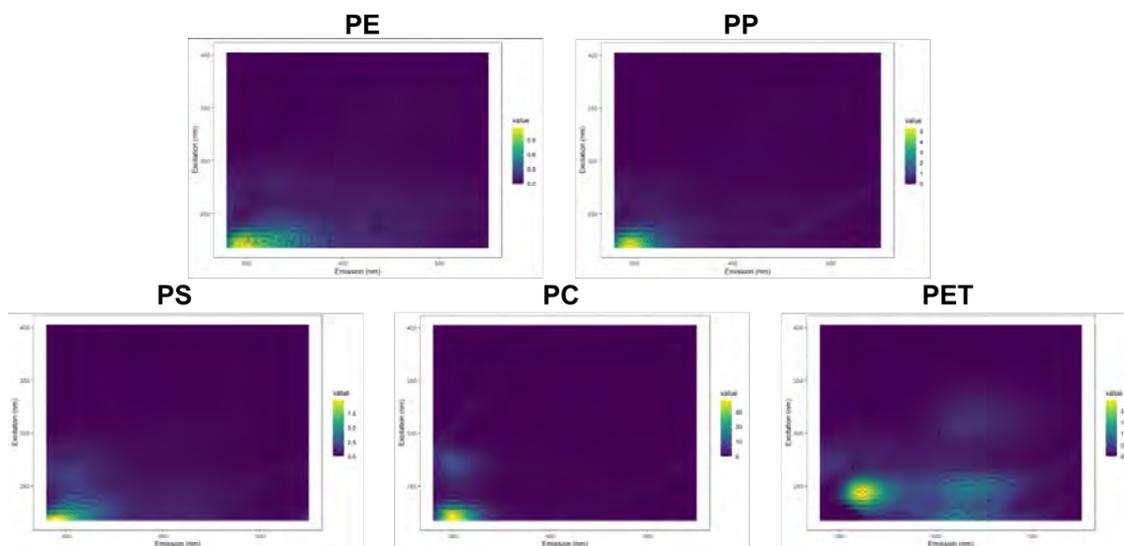
741 The EEM spectra and fluorescence indices of pDOM showed a clear increase in the  
 742 aromaticity and conjugation degree in the order of PE < PP < PS < PC < PET, which is  
 743 consistent with the UV - Vis absorption results. Among them, PET showed the most  
 744 pronounced humic-like fluorescence signature, indicating the formation of highly oxidized and  
 745 aromatic photoproducts.



746

747 Figure 2: EEM Spectra of the photo-induced leachate of different types of plastic nurdles

748



749

750 Figure 3: Corrected EEM Spectra of the photo-induced leachate of different types of plastic  
751 nurdles

752

Plastics	Emission	Excitation	I_max
PE	302	220	1.16
PP	293	220	5.37
PS	288	220	9.97
PC	298	220	38.15
PET	324	245	2.49

753

754 Table 1: EEM Spectral peaks of the photo-induced leachate of different types of plastic  
755 nurdles

Plastics	FI	BIX	HIX
PE	1.27	0.90	0.44
PP	1.10	0.85	0.33
PS	1.24	0.67	0.20
PC	1.09	0.69	0.07
PET	1.48	0.18	0.38

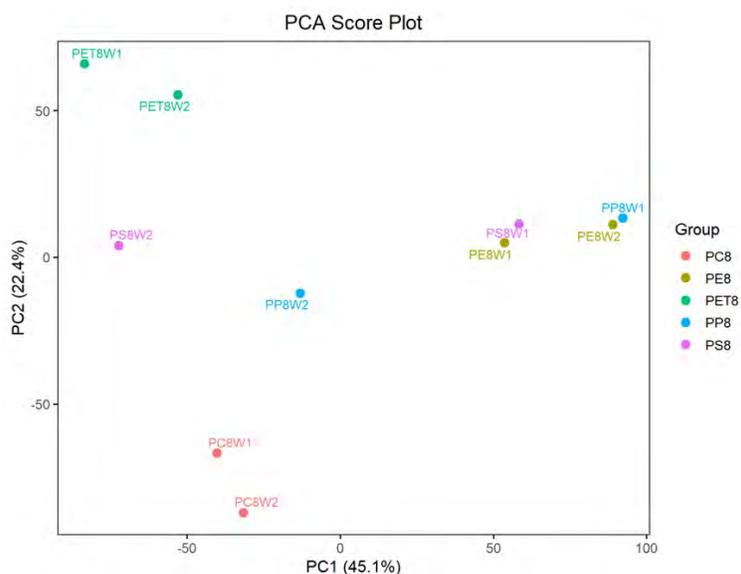
756

757 Table 2: Fluorescence indices of the photo-induced leachate of different types of plastic  
758 nurdles

759

## 760 PCA analysis

761 PCA analysis showed that PC1 and PC2 mainly reflected differences between protein-like  
762 and humic-like fluorescence regions. PC1 mainly represented variation between long-emission  
763 humic-like fluorescence and some atypical scatter-related signals, whereas PC2 mainly  
764 distinguished changes between short-wavelength protein-like fluorescence and humic-like  
765 fluorescence. Specifically, the negative variation of PC2 was mainly associated with the region  
766 around Ex 230–235 nm / Em 281–287 nm, which is closer to the protein-like, especially  
767 tyrosine-like, fluorescence region, indicating that the negative direction of PC2 was related to  
768 short-emission protein-like signals. In contrast, the major positive contribution to PC2 was  
769 concentrated in the region around Ex 325–330 nm / Em 441–451 nm, which can be assigned to  
770 a typical humic-like fluorescence region and is close to the classical C peak, suggesting that  
771 the positive direction of PC2 mainly represented enhanced humic-like fluorescence. In  
772 addition, the long-emission region around Ex 220 nm / Em 487 nm also contributed positively  
773 to PC2, further supporting its association with humic-like signals.



774

775 Figure 4: PCA plot of the EEM Spectra of the photo-induced leachate of different types of  
776 plastic nurdles

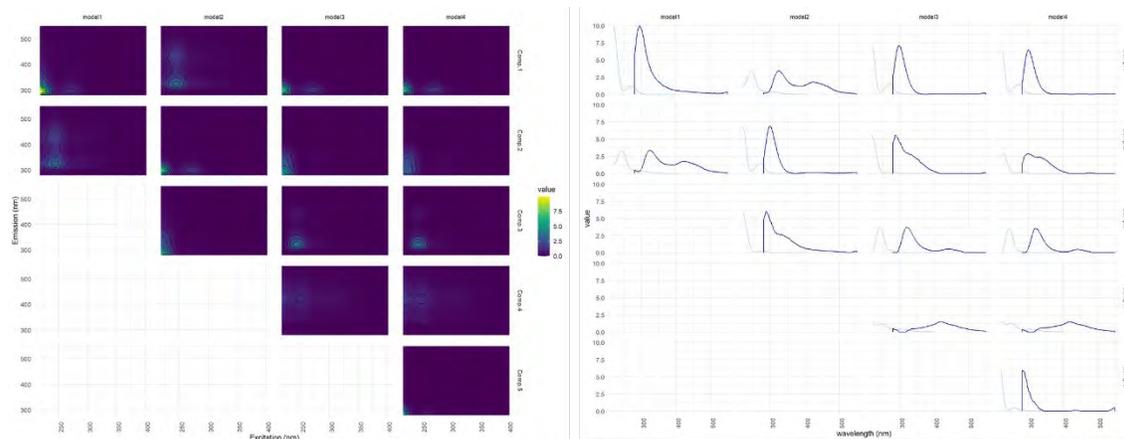
777

## 778 EEM-PARAFAC analysis

### 779 Model comparison

780 To determine the optimal number of PARAFAC components, model performance was  
781 evaluated by considering the percentage of the explained variance ( $R^2$ ), core consistency  
782 diagnostic (corcondia), split-half validation, and residual analysis. Except for the two-  
783 component model, which showed an  $R^2$  below 0.95, all other models yielded R values greater  
784 than 0.95 and did not exhibit a clear plateau. The CORCONDIA values for the two-, three-,  
785 four-, and higher-component models were 99, 62, 37, and 37, respectively. Corcondia values  
786 above 40 are generally considered to indicate an acceptable trilinear structure. Accordingly,  
787 both the two- and three-component models were deemed structurally acceptable. Based on the  
788 combined evaluation of R values and CORCONDIA, the three-component model was selected  
789 as the candidate optimal model for further validation.

790 Split-half analysis further supported the robustness of the three-component solution. As  
791 shown in Table 3, the majority of tcc\_em and tcc\_ex values for Comp.1, Comp.2, and Comp.3  
792 were close to or greater than 0.95 across various split-half combinations, demonstrating highly  
793 consistent excitation and emission loadings for all three components. Overall, the three-  
794 component model accurately captured the key fluorescence fractions in the sample and was  
795 highly reproducible across independent data partitions. Overall, the three-component model  
796 reliably captured the major fluorescent fractions in the dataset and showed strong  
797 reproducibility across independent data partitions. Additionally, residual analysis also revealed  
798 good model performance. Except for the PC samples, which had small residual features in  
799 localized scatter regions and around the primary fluorescence peak due to their relatively high  
800 signal strength, residuals in the other samples were generally low and equally distributed. This  
801 suggests that the three-component model adequately explained the predominant fluorescence  
802 variability in the EEM dataset. Overall, the three-component PARAFAC model fit best for the  
803 decomposition of the EEM dataset.



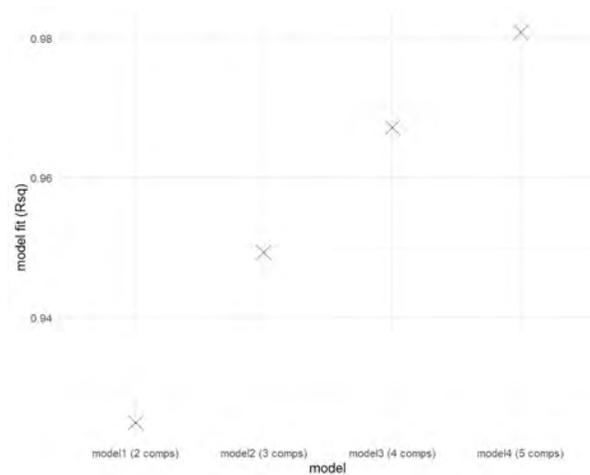
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Figure 5: Different PARAFAC models (2-5 components) output showing the different fluorescent components (left) and the corresponding excitation/emission loadings (right)



808

809

810

Figure 6:  $R^2$  of different PARAFAC models (2-5 components) for model fit evaluation

Num.	component	comb	tcc_em	tcc_ex
1	Comp.1	ABvsCD	0.94	0.99
2	Comp.1	ACvsBD	1.00	0.99
3	Comp.1	ADvsBC	0.98	0.93
4	Comp.2	ABvsCD	0.83	0.88
5	Comp.2	ACvsBD	0.99	0.97
6	Comp.2	ADvsBC	1.00	1.00
7	Comp.3	ABvsCD	0.76	0.18
8	Comp.3	ACvsBD	1.00	1.00
9	Comp.3	ADvsBC	1.00	1.00

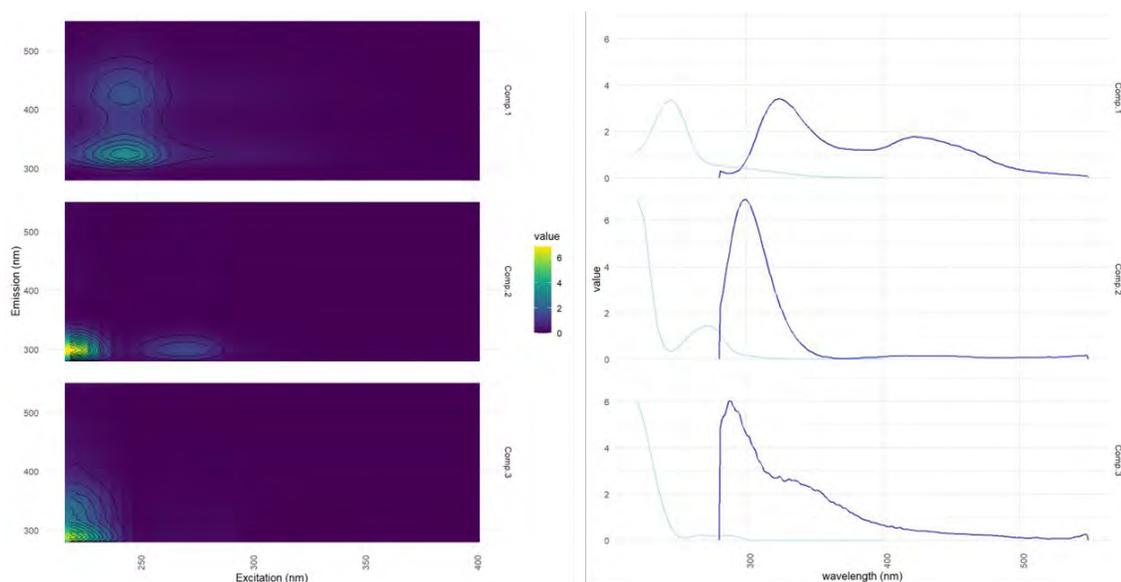
811

812 Table 3: TCC table of Three-component PARAFAC models for model evaluation

813

### 814 PARAFAC components

815 Three fluorescent components were identified in the EEM spectra of plastic-derived  
816 DOM. Component 1 showed excitation peaks at about 240 and 320 nm and an emission peak  
817 at 430 – 450 nm, indicating a humic-like substance. Component 2 had a main excitation peak  
818 at 220 – 230 nm and an emission peak around 300 nm, which is typical of tyrosine-like protein  
819 fluorescence. Component 3 showed excitation at 230 – 250 nm and emission at 320 – 340 nm,  
820 representing tryptophan-like or aromatic protein-like fluorescence. Based on the EEM features  
821 and fluorescence indices, polyolefins (PE and PP) were mainly characterized by protein-like  
822 components, while aromatic polymers (PS, PC, and PET) had higher proportions of  
823 tryptophan-like and humic-like components. PET showed the strongest humic-like signal,  
824 possibly related to secondary transformation under UV exposure.



825

826 Figure 7: Three-component PARAFAC model output showing the different fluorescent  
 827 components (left) and the corresponding excitation/emission loadings (right)

828

Component	Ex peak (nm)	Em peak (nm)	Assignments (Ref Cable peak)	Polymer type
C1	240 / 320	420–450	humic-like	PET
C2	225	300	protein-like (tyrosine-like)	PE, PP, PS
C3	230–250	320	tryptophan-like / aromatic protein-like	PS, PC

829

830 Table 4: Peaks of the fluorescent components of the three-component PARAFAC models  
 831 and their assignments

832

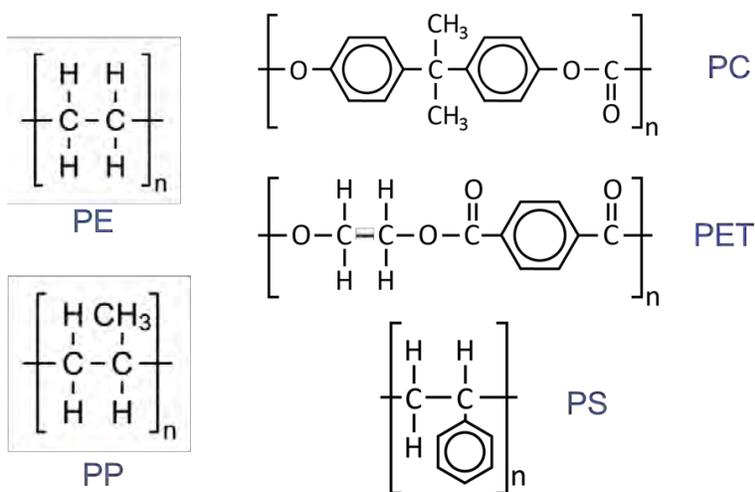
Plastics	Comp.1	Comp.2	Comp.3
PE	2.26	2.12	8.93
PP	0.99	7.24	5.48
PS	2.17	6.20	5.48
PC	0.30	13.25	0.00
PET	6.79	0.00	0.00

833

834 Table 5: Fluorescent components loading of the three-component PARAFAC models

835

836 Discussions



837

838 Figure 8: Structure of different types of plastic polymers

839

840 ➤ DOC:  $PP > PE > PET > PS > PC$

841 ➤ Comprehensive toxicity:  $PE < PP < PS < PET < PC$

842 ➤ EEM max peak:  $PE < PET < PP < PS < PC$

843 ➤ PARAFAC loading:

844 i. C1:  $PC < PP < PS < PE < PET$

845 ii. C2:  $PET < PE < PS < PP < PC$

846 iii. C3:  $PET = PC < PP = PS < PE$

847

848 **Next steps:**

849 a) Calculate the Pearson correlation coefficient between Fmax values of individual fluorescent  
850 components in pDOC and toxicity values, for the discussion part.

851 b) Analyze the C/H ratios in pDOM using the LC-MS data (measured already).

852 c) Normalize the UV-Vis and EEM spectra to TOC.

853 d) Compare the PARAFAC components with the OpenFluor database.

854